

Join us for ADMA Summer Classes and Camps!

Gymnastics Classes: June 24th - July 31st \$125 (Class Tuition charged June 15th)

Option 1: Tuesdays: (6/24, 7/1, 7/8, 7/15, 7/22, 7/29) 4:30-5:30pm - Gymnastics 2/3 5:30-6:30pm - Gymnastics 3/4 6:30-7:30pm - Gymnastics 3/4/5	Option 2: Thursdays: (6/26, 7/3, 7/10, 7/17, 7/24, 7/31) 4:30-5:30pm - Gymnastics 2/3 5:30-6:30pm - Gymnastics 3/4 6:30-7:30pm - Gymnastics 3/4/5
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Ballet Classes: Dates TBD \$200

Jumps and Turns Classes: July 1st - August 5th 10am-12pm (Class tuition charged July 1st) \$200

Gymnastics and Dance Camps: Week 1: June 23rd- June 27th (Camp tuition charged June 15th)

1 Gymnastics / Acro-Tumbling Camp: 10am-3pm (Ages 7 and up) This Camp includes bars, beam, vault, and floor skills for all levels of Gymnastics and Tumbling tricks to increase power, agility, and flexibility. **\$250**

1A Mini Gymnastics: 10am-12pm Gymnastics camp for 3-6 year old students that includes tumbling tricks, supervised use of gym equipment and strength training for beginners. **\$145**

1B Mini Gymnastics: 1pm-3pm Gymnastics camp for 3-6 year old students that includes tumbling tricks, supervised use of gym equipment and strength training for beginners. **\$145**

Week 2: June 30th - July 2nd (3 Day Camp: Monday, Tuesday, Wednesday) (Camp tuition charged June 15th)

2 Obstacle Training Camp: 1-3pm This camp is for energetic students interested in navigating their environment in a unique way. Students will run, jump, climb, swing, etc through obstacles while learning about body movement and burning energy. **\$125**

3 Princess Camp: 10am-12pm This camp is a dance princess experience for ages 6 and under. Each day has a different Disney Princess theme filled with tea parties, dance, games, story time, snack, and much more! **\$125**

4 Technique / Strength / Stretch Camp: 5-8pm Camp focused on improving stamina, strength and fitness. Strong emphasis on technique and elevating your dance skills to the next level. A must for the serious dancer. **\$160**

5 Little Movers Gymnastics Camp: 10am-12pm (Ages 2-4) This is a Gymnastics Camp geared towards improving coordination, strength, and movement with bar, beam, floor, trampoline, and vault. **\$125**

Week 3: July 7th - July 11th (Camp tuition charged July 1st)

6 Advanced Jumps and Turns / Lyrical/ Contemporary Camp: 3pm-8pm (Ages 12 and up - Teen and Yellow Elite Dancers) Instructor permission required. **\$250**

Week 4: July 14th - July 18th (Camp tuition charged July 1st)

7 Jazz / Lyrical / Contemporary Camp: 3pm-8pm (Ages 12 and under) Camp that incorporates multiple styles of dance as well technique, strength and stretch. **\$250**

8 Gymnastics / Acro-Tumbling Camp: 10am-3pm (Ages 7 and up) This Camp includes bars, beam, vault, and floor skills for all levels of Gymnastics and Tumbling tricks to increase power, agility, and flexibility. **\$250**

8A Mini Gymnastics: 10am-12pm Gymnastics camp for 3-6 year old students that includes tumbling tricks, supervised use of gym equipment and strength training for beginners. **\$145**

8B Mini Gymnastics: 1pm-3pm Gymnastics camp for 3-6 year old students that includes tumbling tricks, supervised use of gym equipment and strength training for beginners. **\$145**

Week 4: July 14th - July 16th (3 day Mini Camp: Monday, Tuesday, Wednesday) (Camp tuition charged July 1st)

9 Princess Camp: 10am-12pm This camp is a dance princess experience for ages 6 and under. Each day has a different Disney Princess theme filled with tea parties, dance, games, story time, snack, and much more! **\$125**

Week 5: July 21st - July 25th (Camp tuition charged July 1st)

10 Swiftie Dance Camp: 10am-3pm This camp is perfect for Taylor Swift fans of all ages! Enjoy all styles of dance to T. Swift music, favorite album themed days and bracelet making activities. **\$250**

11 Gymnastics Team Camp: 3pm-8pm This Camp includes all levels of Gymnastics Team Students. Requirement to participate on the ADMA Gymnastics Team for the 2025-26 Season. **\$250**

12 Teen Elite Camp: 3pm-8pm This Camp is for the dancers entering our Teen Elite Dance Team in the Fall 2025. **\$250**

Week 6: July 28th – August 1st (Camp tuition charged July 1st)

13 Gymnastics / Acro-Tumbling: 10am-3pm This Camp includes bars, beam, floor, and vault for all levels of Gymnastics and Tumbling tricks to increase power, agility, and flexibility. **\$250**

13A Mini Gymnastics Camp: 10am-12pm Gymnastics camp for 3-6 year old students that includes tumbling tricks, supervised use of gym equipment and strength training for beginners. **\$145**

13B Mini Gymnastics Camp: 1pm-3pm Gymnastics camp for 3-6 year old students that includes tumbling tricks, supervised use of gym equipment and strength training for beginners. **\$145**

14 Rose, Gold and Purple Elite Camp: 10am-3pm (Rose Elite 10am-12pm) This Camp is for the dancers entering our Rose, Gold and Purple Elite Dance Teams in the Fall 2025. **\$250 (Rose Elite \$145)**

15 Yellow Elite Camp: 3pm-8pm This Camp is for the dancers entering our Yellow Elite Dance Team in the Fall 2025. **\$250**

Register on our website admadanceandgymnastics.com, by email to admadanceandgymnastics@gmail.com or by call/text to 440-387-8258. Space is limited and a \$50 deposit per camp is due at the time of registration!